FOOD ACCESS

OUR OBJECTIVES:



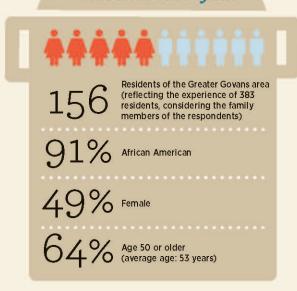
To identify reported barriers and readiness for change at the neighborhood level.

To describe residents' level of satisfaction with food availability in their neighborhood.

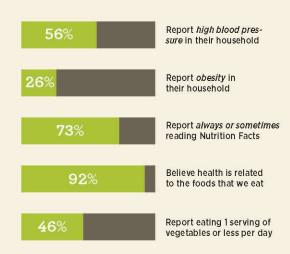
To gauge residents' awareness of the connections between diet and disease.

WHO we surveyed:

access food.



WHAT WE LEARNED:



Find transportation some-what or very easy

40%

Walk to buy food; 40% take the bus; 37% drive (12% walk as their ONLY means of transport/30% drive as their ONLY means of transport)

in the past six months

Had visited a farmers' market

58%

Spend \$100 or less at the supermarket

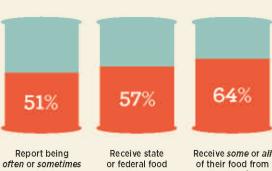
Give "low prices" as the reason for shopping at a particular store

51%

Go to the supermarket once a week or every other week

WHAT LIMITS ACCESS?

Financial:



or federal food assistance

unable to

purchase food

of their food from food banks

Reported barriers:

#1: rent (26%) #2: utilities (21%) #3: transportation (19%) #4: medical bills (14%)

Food availability:

fresh fruits in the neighborhood



Report they cannot find vegetables



Say that they cannot



OPPORTUNITIES FOR CHANGE

In the neighborhood:

"MAKE FRESH FRUITS AND VEGETABLES AVAILABLE AT CONVENIENCE STORES." "A CLOSER STORE INSTEAD OF HAVING TO TAKE THE BUS." "EXPIRED FOOD IS SOLD, WE NEED TO CHANGE THAT." "INCREASE ACCESS."

"WE NEED MORE UNPROCESSED FOODS, ORGANIC FOOD, AND ETHNIC FOOD."

"VERY GREAT HAVING FARMERS MARKET AND HOPE THEY WILL STAY BECAUSE IT IS CONVENIENT. GOOD PRICES, TASTY."

> "COMMUNITY GARDENING."

For individual health:

"NEED KNOWLEDGE OF HOW TO EAT MORE HEALTHY."

69% ARE INTERESTED IN HEALTHY FOOD PREPARATION

"EAT BETTER QUALITY OF FOOD."

"EAT A BETTER VARIETY."

"WOULD LIKE TO BALANCE MY MEALS."

WWW.LOYOLA.EDU/YRI